



FREE MONTHLY

# Have a Go

Established 1991

## NEWS

### IN THIS ISSUE

LIFESTYLE OPTIONS FOR THE MATURE WESTERN AUSTRALIAN

VOLUME 29 NO. 02 ISSUE NO. 330 SEPTEMBER 2019



PRINT POST 100022543

ADVERTISING FEATURE

# CREATING INSPIRED LIVING

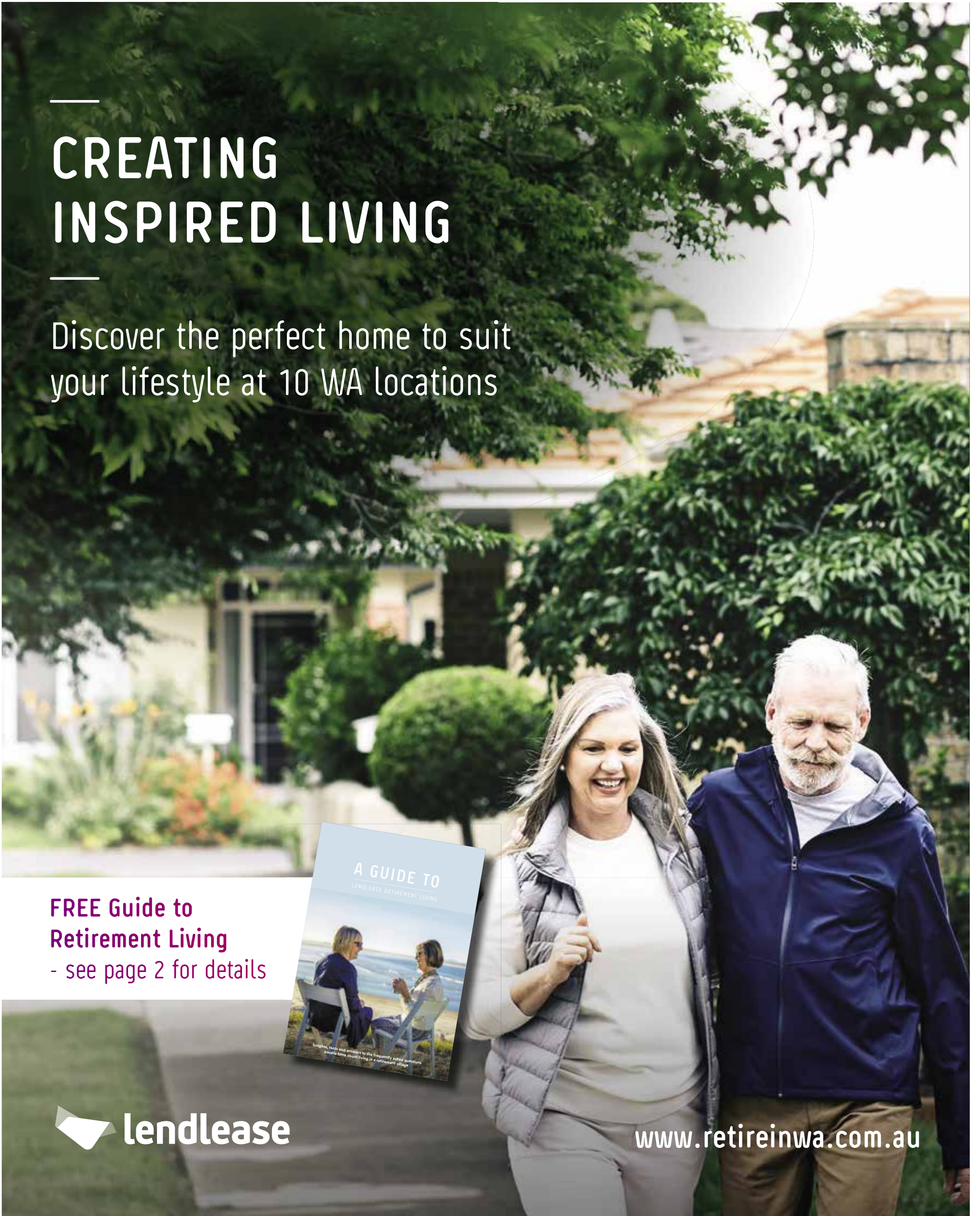
Discover the perfect home to suit your lifestyle at 10 WA locations

**FREE Guide to Retirement Living**  
- see page 2 for details



 **lendlease**

[www.retireinwa.com.au](http://www.retireinwa.com.au)





# THE RETIREMENT YOU'VE ASPIRED FOR IS RIGHT AT YOUR FINGERTIPS.

As one of Australia's leading operators in retirement living, we pride ourselves on creating the best places for our residents.

Our development, property and asset management capabilities together with our industry experience have enabled us to build ten thriving over 55's communities in WA. Each village has a variety of beautifully appointed homes and apartments that are surrounded by a range of resort style facilities, dedicated for your exclusive use. You can imagine the luxury of having spacious common lounges, dedicated social spaces, 24 hour emergency call support, a swimming pool, bowling green, gym, library, extensive manicured gardens and much more - all an extension to your home.

Our communities provide you with the flexibility to stay socially and physically active whilst remaining connected to the local community. You can join in a range of health and wellbeing activities, become a valued member of the resident or social committees and stay fit using the village amenities. Then, when it's time to go exploring, you can use the village as a secure base from which to lock up and leave whilst you venture off on your local or overseas holiday.

Whether you are considering a tree change, sea change or simply downsizing, I am confident we have the perfect village to suit you.

Andrew O'Connor  
General Manager WA/SA  
Lendlease Retirement Living



The nineteenth century textile designer, William Morris, said, "Have nothing in your houses that you do not know to be useful or believe to be beautiful." It's a smart edict to live by, though easier said than done when you have more rooms than you know what to do with and drawers overflowing with clutter.

But shedding the shackles of too much stuff and living an easier life can be incredibly liberating. Four Lendlease Retirement Living residents who downsized their own homes share their ideas and style advice.

## REUSE AND RECYCLE

It's true that one man's trash is another man's treasure, and that giving new life to something old is an eco-friendly way of giving your home some unique touches. But the benefits of recycling go beyond aesthetics. According to Clean Up Australia, Australians are among the highest waste producers in the world, generating almost 41 million tonnes of rubbish each year, half of which is either being dumped in the environment or sent to landfill where it can't be recycled. The simple act of recycling one tin-can saves enough electricity to keep a TV running for three hours.

Retirement Village resident Don says mindfulness is key when it comes to what you're going to throw away or recycle. Think about if its place is really in the bin, if you can give it away or turn it into something new. "We're very careful about what we discard - I'm a bit of a hoarder, really. Our rubbish tin's only ever a quarter full. So many people throw so much stuff away but there are other people in the community who'd love to have those things."

## GO GREEN

Letting Mother Nature into and around your home can create a soothing element that not only looks beautiful but can provide some surprising health benefits. A study by NASA found that plants can filter out harmful compounds and purify the air.

Aloe Vera, Peace Lilies and Chrysanthemums are just a few of the clever varieties that are particularly effective. If that's not enough, further research has found pot plants balance humidity levels, and can also boost energy, improve concentration and even inspire creativity.

Husband and wife team Rodger and Gwen know a thing or two about cultivating plants. Recently they've been spending time with the Resident Gardening Group, sharing their knowledge on propagating native Australian plants.

Gwen says that if you're short on space, small pots on the windowsill can be an easy and attractive option. "It's beaut to be able to grow some edible things, even if they're only pots of herbs like mint, parsley, thyme or basil to include when you're cooking," she says. You don't even need to have a large patch of soil to create a beautiful garden.

## EMBRACE THE TINY HOUSE MOVEMENT

According to the Australian Bureau of Statistics, Australian houses are amongst the biggest in the world, with new builds taking up an average of 263msq. Owen has experienced first hand the lifestyle and financial benefits of going smaller by moving to a retirement community

"In a way, when we moved it was a blessing in disguise. We downsized to a two-bedroom home, which meant we had to shed a lot of our belongings. It's costing us a lot less too."

Owen says that while it's easy to accumulate plenty over time, it's liberating realising you don't actually need that much, and smaller spaces can lend themselves to some inviting interiors.

Moving house can come with unexpected benefits too. "When we lived on acreage, there weren't that many people around that we knew. But now, we live in a community. You could say we downsized our living space - and upsized our social life."

Visit [retireinwa.com.au](http://retireinwa.com.au) to discover a Lendlease retirement village near you.

## REGISTER FOR YOUR FREE GUIDE TO RETIREMENT LIVING

The FREE guide that explains everything you need to know about living in a retirement village

At Lendlease we know if you're thinking of moving into a retirement village, you need to feel confident you're making the right choice. To understand the costs and processes involved, we've created this guide so you have the information you need to decide if retirement village living is right for you. To receive your free guide simply free call 1800 550 550 or complete the coupon and send via free post (no stamp required) to - Lendlease, Reply Paid 186, SOUTH MELBOURNE VIC 3205

Name

Address

Suburb  Postcode

Phone Number



By providing your contact details, you agree that Lendlease may use these details to keep you informed about future products, services and special offers that may be of interest to you until you inform us otherwise. Visit [www.retirementbylendlease.com.au/privacy-policy](http://www.retirementbylendlease.com.au/privacy-policy) to view our Privacy Policy which provides information on all relevant and required matters under Australian privacy law.





# DISCOVER A NEW LIFESTYLE — AT OUR SPRING VILLAGE EVENTS



## Dreamed of downsizing to a low maintenance home in a friendly over 55's community in the neighbourhood you already love?

With events happening across ten WA Lendlease communities, it's the perfect opportunity to come and take a tour, enjoy some hospitality and discover a village near you. Bring your family or invite a friend to explore the grounds, homes available for sale and resident exclusive amenities.

### JOIN US AT A VILLAGE NEAR YOU

#### North of River

<b>Harbourside Village, Mindarie</b> , 7 Honiara Way, Mindarie	Tea & Tour Every Friday	2pm
<b>The Pines, Ellenbrook</b> , 21 Ponte Vecchio Boulevard, Ellenbrook	Friday 20 September	2pm - 4pm
<b>Timberside Villas, Woodvale</b> , 10 Timbercrest Rise, Woodvale	Sunday 22 September	1pm - 3pm
<b>Parkland Villas Ellenbrook</b> , 25 The Parkway, Ellenbrook	Friday 4 October	2pm - 4pm
<b>Parkland Villas Woodlands</b> , 52 - 54 Liege Street, Woodlands	Saturday 12 October	10:30am - 12:30pm

#### South of River

<b>Parkland Villas Mandurah</b> , 2 Hungerford Avenue, Halls Head	Thursday 26 September	4pm - 6pm
<b>Homestay Village</b> , 267 Wharf Street, Queens Park	Friday 4 October	10am - 12pm
<b>Lakeside Village</b> , 14 Lewington Gardens, Bibra Lake	Saturday 5 October	10am - 2pm
<b>Woodstock West, Bunbury</b> , 146 Strickland Street, Bunbury	Saturday 5 October	10am - 12pm
<b>Parkland Villas Booragoon</b> , 510 Marmion Street, Booragoon	Sunday 6 October	1pm - 4pm

RSVP to 1800 550 550 or visit [retireinwa.com.au/events](http://retireinwa.com.au/events)  
for more information

\*The information contained in this advertisement was correct as at August 2019. The development may not be identical to the images shown or the development described and the developer reserves the right to make changes without notice. Whilst Lendlease endeavours to ensure that the information in this advertisement is correct, no warranty, express or implied, is given as to its accuracy.



# DISCOVER A HOME TO SUIT YOUR LIFESTYLE



Lendlease is one of Australia's leading providers of retirement living and with 10 villages across Western Australia, we have an affordable home to suit everyone. We create places where it's easy to meet like-minded people and be part of a secure over 55's community. Choose from a range of stylish, low-maintenance homes and enjoy the resort-style facilities and friendly communities that are buzzing with activity.



North

## HARBOURSIDE VILLAGE 7 Honiara Way, Mindarie

2 Bedroom Apartments from \$385,000\*  
3 Bedroom Villas from \$450,000\*  
3 Bedroom Villas plus study from \$649,000\*  
Contact Louise on 0438 959 171 to view properties



North

## TIMBERSIDE VILLAS 10 Timbercrest Rise, Woodvale

1 Bedroom Villas from \$320,000\*  
2 Bedroom Villas from \$320,000\*  
3 Bedroom Villas from \$470,000\*  
Contact Louise on 0438 959 171 to view properties



North

## PARKLAND VILLAS WOODLANDS 52 Liege Street, Woodlands

Bedsit Apartment from \$85,000\*  
1 Bedroom Apartments from \$200,000\*  
2 Bedroom Apartments from \$445,000\*  
2 Bedroom Villas from \$279,000\*  
3 Bedroom Villas from \$310,000\*  
Contact Deborah on 9446 5584 to view properties



East

## HOMESTAY VILLAGE 267 Wharf Street, Queens Park

2 Bedroom Villas from \$270,000\*  
3 Bedroom Villas from \$275,000\*  
Contact Emma on 0438 760 541 to view properties



East

## PARKLAND VILLAS ELLENBROOK 25 The Parkway, Ellenbrook

2 Bedroom Villas from \$338,000\*  
3 Bedroom Villas from \$369,990\*  
Last Brand New Double Storey Villa \$485,000\*  
- Open to offers!  
Contact Michelle on 0477 726 835 to view properties



East

## THE PINES 21 Ponte Vecchio Boulevard, Ellenbrook

1 Bedroom Villa \$239,000\*  
2 Bedroom Villas from \$250,000\*  
3 Bedroom Villas from \$290,000\*  
Contact Michelle on 0477 726 835 to view properties



South

## PARKLAND VILLAS BOORAGOON 510 Marmion Street, Booragoon

2 Bedroom Villas from \$429,000\*  
3 Bedroom Villas from \$565,000\*  
1 Bedroom Apartments from \$220,000\*  
2 Bedroom Apartments from \$299,000\*  
Contact Geraldine on 0477 307 039 to view properties



South

## LAKESIDE VILLAGE 14 Lewington Gardens, Bibra Lake

1 Bedroom Villas from \$196,000\*  
2 Bedroom Villas from \$220,000\*  
3 Bedroom Villas from \$300,000\*  
1 Bedroom Unit from \$160,000\*  
2 Bedroom Unit from \$199,000\*  
Contact Wendy on 0417 406 760 to view properties



South

## PARKLAND VILLAS MANDURAH 2 Hungerford Avenue, Halls Head

2 Bedroom Villas from \$169,000\*  
3 Bedroom Villas from \$260,000\*  
Contact Glenys on 9535 2414 to view properties



South

## WOODSTOCK WEST 146 Strickland Street, Bunbury

2 Bedroom Villas from \$320,000\*  
3 Bedroom Villas from \$350,000\*  
Contact Vicki on 9791 6199 to view properties

Join us for a village and home tour.  
Visit [retireinwa.com.au](http://retireinwa.com.au) or call 1800 550 550 for more information.

The information contained in this advertisement was correct as at August 2019. The development may not be identical to the images shown or the development described and the developer reserves the right to make changes without notice. Whilst Lendlease endeavours to ensure that the information in this advertisement is correct, no warranty, express or implied, is given as to its accuracy. \*Pricing is correct as at August 2019 and subject to availability. Published by Lendlease RL Realty (WA) Pty Ltd ABN 24 102 637 829.